

Tiny Treks - Macclesfield Forest

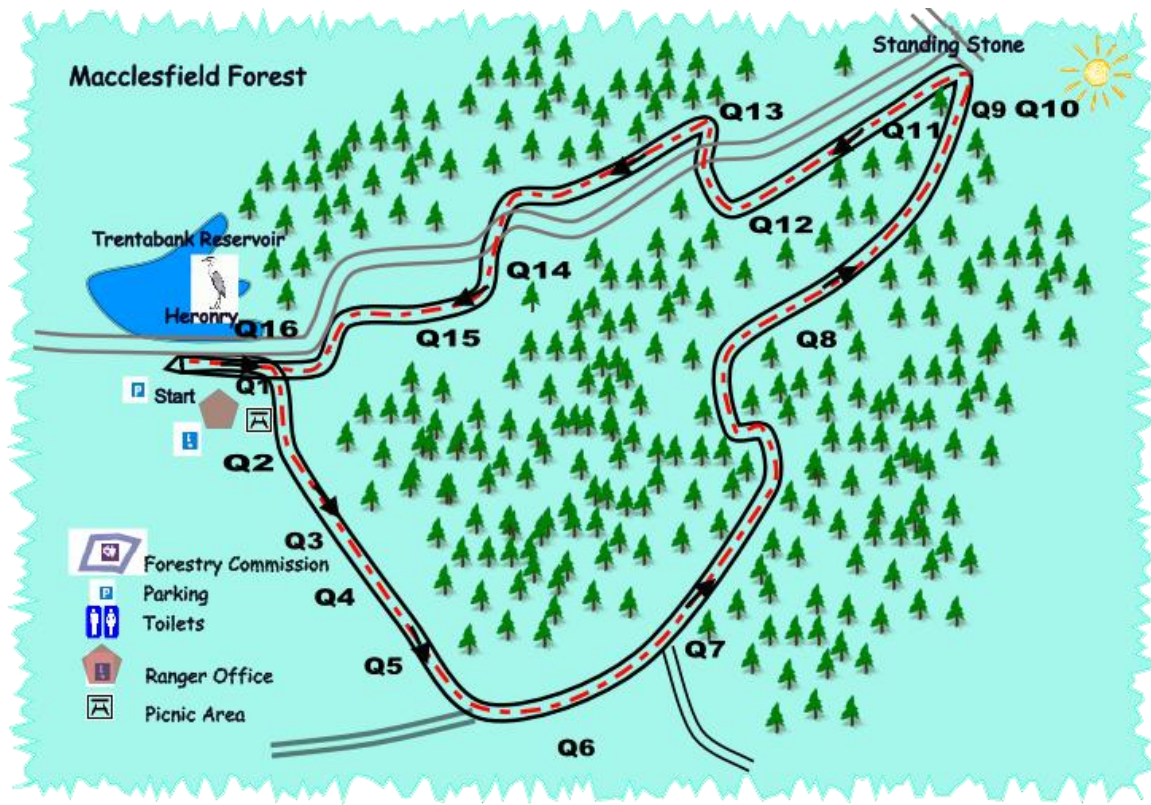
Start: Trentabank Information Centre, Langley, Macclesfield

Facilities: Toilets, Parking (pay and display), information centre, refreshment van at weekends and through summer

Walk: Approx 3miles or 5km (2.5hrs)

Walk instructions

1. From the car park take the track in front of the information building and walk parallel to the road.
2. Through the stile turn right up hill following the  dark blue trail posts (Q1). The path is well defined and climbs steadily (Q2) up the valley for approx half a mile.
3. On reaching the bridleway turn left following this bridleway for some distance (Q3, Q4, Q5, Q6, Q7, Q8) until you reach Standing Stone car park  signposted and  way-marked on route.
4. Reaching the road and Standing Stone car park (Q9, Q10), the path descends to the (Q11) left  sign posted to Trentabank (Q12) -This path runs downhill parallel to the lane.
5. Eventually the path ends onto the lane and continues on the opposite side of the road.
6. Cross the road and turn left on reaching a wide path turn right (Q13), then left over a small wooden footbridge  signposted to Trentabank
7. The path eventually re-crosses the road. On the other side of the road turn right downhill over the stream (Q14) and through a wooded area (Q15).
8. Keep following this path (Q16) **passing the Heronry on the right**, until you reach the car park again.



Activity Sheet / Walk Diary (Take a pencil with you to complete on your way)

We went on our walk on (date).....,
with.....

Look For  Signposted  tick here ☐



Q1.  Look for ☐ . Follow the **dark blue** marker.

Q2.  Look for the following trees: You might find wooden engraved signs to help you

1. Copper Beech ☐ 2.Sycamore ☐ 3.Ash ☐ 4.Larch ☐

There is a long walk uphill through the forest - Some things to keep you going.

Q3. A tree's age is measured by rings on the trunk. Find a tree trunk, count the rings and see how old the tree was when it was cut down.



An example of a tree trunk with its age rings.

What makes a noisy tree? Its bark.

Q4.  Look for red deer ☐ . They are very shy and hide in the woods but you might see deer tracks in the mud, similar to this diagram.



Q5. What other types of tracks can you see in the mud? (E.g. Tyre, boot, dog, badger.)

Q6. Try and sit on every bench you see!!!! How many benches did you sit on? _____



Q7.  Look for ☐ Walk towards **Standing Stone**.



Q8.  Look for ☐ . Not far to Standing Stone Car Park after which it is all downhill. Phew!!!

Q9.  Look for Standing Stone Car Park ☐ . Be careful near the road.



Q10. Look for this memorial ☐ "We clamb the hills thegether"

Q11. Look for benches that are made out of Sycamore ☐ Larch ☐ and Ash ☐ .
These names are carved into the seat.

Q12. Look for to Trentabank ☐ .

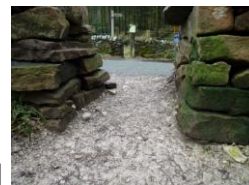
Q13. Look for



Stepping logs.



Wooden bridge



Gap in wall

Q14. Look for the place where 2 streams meet.



Q15. Look for a board walk that leads to a carved Sika deer ☐ .



Q16. You are nearly back at the car park. When you see the water at Trentabank look across the water and look for the Herons that live there. It's called a Heronry. ☐

Some information about Macclesfield Forest

There are lots of things to see in the forest, its just knowing where to look. This is a working forest that grows timber. The water in the two reservoirs Trentabank and Ridgegate supply water to the local communities.

During March each year Herons visit to nest in the trees across the reservoir. They can be seen high in the trees.

There are over 30 types of Fungi in the forest and a variety of different mosses.

Some ducks that you might see include; Tufted ducks, Goldeneye, Pochard, Teal, Little Grebe, Great Crested Grebe and Coot.